

HEALTHY MEALS

## School District Name Middle School

| <u>Breakfast</u>           |            |                       |        |
|----------------------------|------------|-----------------------|--------|
| Student Breakfast          | \$0.00     | Adult Breakfast       | \$2.10 |
| Reduced Breakfast          | \$0.00     |                       |        |
| <u>Lunch</u>               |            |                       |        |
| Student Lunch              | \$0.00     | Adult Lunch           | \$3.55 |
| Student Entrée Only        | \$2.25     | Reduced Lunch         | \$0.00 |
| Extra Complete Lunch       | \$3.10     | Pizza Slice           | \$2.25 |
| Beverages                  |            |                       |        |
| Milk                       | \$.60      | 100% Juice 4 oz.      | \$.50  |
| Bottled Water 16 oz.       | \$.85/1.35 | Coffee                | \$1.00 |
| Drinks 16 oz.              | \$1.50     | Drinks 12 oz.         | \$1.50 |
|                            |            |                       | ÷      |
| <u>A-la-Carte Snacks</u>   |            |                       |        |
| Fresh or Chilled Fruit     | \$.75      | Fruit Snacks          | \$.75  |
| Fresh Fruit in a clamshell | \$.75      | Gold Fish / Cheeseits | \$.75  |
| Vegetable Side             | \$.75      | String Cheese Stick   | \$.50  |
| Small Side Salad           | \$.75      | Soft Pretzel          | \$1.25 |
| Fries                      | \$1.25     | Fresh Baked Cookie    | \$.50  |
| Baked Chips                | \$1.00     | Ice Cream             | \$1.25 |
| Yogurt 4oz.                | \$1.00     | Rice Krispie Treat    | \$1.00 |
| Yogurt Parfait             | \$2.00     | Oreo Cookies          | \$.75  |





QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians. FOLLOW US: @MASCHIOFOOD 9 0 f Healthy meals grow healthy kias!